

Shipping Policy – Lifting Empire

Free Shipping Alert!

Spend **\$150** or more and enjoy free standard shipping anywhere in Australia. Your lifting and athletic gear, delivered fast, without the extra cost.

Get Your Gear, Fast!

We know you're pumped to use your new gear, so we make sure your orders are **confirmed and shipped within 2 business days**. As soon as your lifting essentials leave our warehouse, we'll send you an email with your tracking info so you can follow your gear on its journey.

Shipping Options – Your Way

We team up with **Australia Post** to get your gear to you safely:

- Standard Shipping (AU): Usually takes 2–7 business days depending on your location. Free on orders over \$150.
- Express Shipping (AU): Want it even faster? Choose express at checkout and get your order sooner.
- International Shipping: Lifting knows no borders! We ship worldwide via Australia Post's international services. Delivery times vary depending on your country, but your gear will be on its way to pump up lifters everywhere.

Shipping Costs

Shipping costs depend on your location and your chosen shipping method. You'll see the total at checkout—no surprises.

Tracking Your Order

Every order comes with a tracking number. From our warehouse to your hands, you can follow your gear every step of the way.

Delivery Issues

If your parcel is lost, delayed, or damaged, please contact **Lifting Empire** at support@liftingempire.com.au and we'll work with Australia Post to sort it out as quickly as possible.

Important Notes

- Orders ship Monday to Friday (excluding public holidays).
- Delivery times are estimates—sometimes your gear may take a little longer due to weather, customs, or other delays beyond our control.

Lifting Empire Pty Ltd ABN 94 680 948 207